



# Non-Pharmacologic Options for Obesity

## AppTrim®

For the dietary management of obesity

**AppTrim** addresses the specific amino acid deficiencies associated with Obesity. Addressing the increased amino acid requirements of Obesity can help coordinate communication between the brain, stomach and nervous system, helping to modulate appetite increase early satiety and manage Obesity. **AppTrim** is an important part of a comprehensive Obesity management program.

### What Does **AppTrim** Do?

- ▶ Safely Manage BMI
- ▶ Promote Early Satiety
- ▶ Reduce Appetite
- ▶ **AppTrim** works by restoring the neurotransmitters that are required to control appetite, satiety and carbohydrate cravings. **AppTrim** provides the amino acids that are the precursors to the neurotransmitters that control hunger and the energy economy, norepinephrine, epinephrine, serotonin, acetylcholine, and glutamate.

### How Effective is **AppTrim**?

**AppTrim** has been the subject of numerous clinical trials and is proven to be a very effective tool for the dietary management of Obesity. In one clinical trial, when 2 capsules of **AppTrim** were taken twice daily as an adjunct to a weight loss diet, participants saw a statistically significant reduction in appetite, compared to the placebo group.

#### Appetite Reduction with **AppTrim**

